



## **Explore Sweden Expedition Adventure Race**

The 26<sup>th</sup> of December 2004 was a terrifying day when we all saw the powerful strength that nature has. The Tsunami in Asia has cost many lives, tearing apart families and causing mass-destruction.

Except of course the Asian countries, Sweden is one of the countries that have been most affected. Asia is a very big tourist attraction for the Swedes and about 20.000 Swedes were in the area when the Tsunami swept in. It became a nightmare for many families searching surviving family members and friends in the chaotic disaster after the wave.

Just the day after the Tsunami wave, the Swedish government and all airline companies did a great effort searching for those people who still not were found. Enormous resources were put in and lots of aircraft including the air force's were sent to bring back home injured Swedes and other European people.

This has led to all resources that Explore Sweden had before the catastrophe have been used to helping other people.

Explore Sweden are very happy that all the resource have gone to helping out after the Tsunami but unfortunately this have led to Explore Sweden "airborne" will not be airborne anymore...

We have worked hard since last years race to create a new race as spectacular as last one, of course the loss of air transport made it difficult, but the positive thing is that one of the proposed destinations has the potential to hold the whole adventure race course.

We are very excited to create this 4-day adventure race in this destination that holds a unique combination in terrain, a perfect mix of high alpine terrain with snow and lowlands that are rapidly turning to summer. This is the best season; the sun is up for over 20 hours a day.

This is going to be the racers race, arranged by adventure racers with high quality, safety standards and an adventurous race course.

The logistics for the teams is going to be very easy. No car rental, no assistants, no extra accommodation is required. From the meeting point at Örnköldsvik airport everything is arranged for the teams.

Explore Sweden will still offer the same price money; 25.000 Euro and a free entry to the AR World Championship 2006.

The race course is 500 kilometres and will take you through the wildest and most amazing high alpine terrain, miles and miles of untouched nature. The disciplines are carefully and delicately chosen to match the course design. Good navigation is critical for the race, with maps and roadbook. The race includes kayaking in beautiful creeks

and lakes, several ropeworks, trekking, mountainbike, high alpine mountaineering sections with snowshoes and skis for faster progress.

Course designer Mikael Nordström says:

-“After the last months of hard work to guarantee the race with the high standard that we have, I am so excited to put together this race course. Especially when most of the teams are international, you feel the pressure to design a race that you want to do yourself, spectacular but with the highest safety standards. I can guarantee that the two cross skiing/mountaineering sections will be the highlights of the race. But to not give to much advantage to the Nordic teams the sections are in the last half of the course. Some other mountaineering sections are too brutal for skis so we added snowshoes and rope sections...”

Sweden and Explore Sweden welcome you with open arms!

Explore Sweden is a member of the AR World Series.

**Please visit the webpage at: [www.exploresweden.se](http://www.exploresweden.se)**

Do not hesitate to ask questions. We hope to see you in Sweden in May!

Best regards,  
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